

PEAK MARTIAL ARTS

SIMPLY SELF DEFENSE



EVERY TUESDAY

7:00 PM - 8:00 PM

PRICES:

- \$40/Month

- \$30/Month for Second Family Member

- \$30 for JM Chamber Members and employees

- \$25 for Family Members of students of Peak Martial Arts

Teenagers, College Student, Moms, Dads, Grandmas, Grandpas, Aunts, Uncles, anyone above age 12 are encouraged to learn how to defend themselves.

This class will:

- Teach techniques for your body style.
- Be applicable.
- Be taught In a relaxed, open environment.
- Have great instructors and assistants.
- **BE GREAT FUN!!!**

PEAK MARTIAL ARTS

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***Please wear comfortable clothes and no jewelry. ***